

# Lumpkin County Senior Center

## 2021 Annual Report

A. The Senior Center has three main areas of service:

1. Nutrition Services: hot meals are served five days a week at the Center to participants enrolled in the Congregate Meal program; hot and/or frozen meals are delivered five days a week to home bound participants enrolled in the Home Delivered (Meals on Wheels) program.
2. Activities and Wellness Programs: Social, educational and wellness related programs and activities are available five days a week to Congregate Meal participants (age 60+) and to the general public (age 55+).
3. Transportation: Transportation services are provided to participants enrolled in the Congregate Meal program (transport services include trips to and from the Center, personal and medical errands and special outings).

B. Funding

The Senior Center has several funding sources, (1) Contract with Legacy Link, Inc. to secure Federal and State funds, (2) Contract with Deanna, Inc. to secure Federal and State funds for transportation, (3) Tivity Health and UHC/Renew Active (Silver Sneakers) Reimbursement Contracts, (4) Individual fees for specific services provided, (5) County taxes, used to match Federal and State Funds and to off-set expenses not covered by contracted funds, (6) Donations, and (7) Fundraising.

### COVID-19 Update Related to Services

Duplicated Units of Activities and Volunteer Hours Provided were significantly lower this year as compared to previous years due to the pandemic. The Senior Center partially reopened mid-April, 2021 with additional activities added in subsequent weeks and months. Virtual activities have been provided to seniors that participate in the Congregate Meal program previous to April 15, 2021. The number of meals served through the Meals on Wheels program is substantially higher than recent years due to the pandemic. There was a sharp rise in the number of seniors requesting home delivered meal service during 2020 and 2021.

