

L.C. Senior Center Stats – March - 2010

Meals: Served Meals - 2234

Volunteer Hours: 374

Activities: # of Participates

● Arts & Crafts	48
● Bingo	88
● Birthday Breakfast	30
● Canasta	36
● Cardio Blast	48
● Community Outreach	26
● Exercise Equipment	63
● Health Checks	63
● Holiday Festivities	26
● Music Therapy	52
● Health & Nutrition Education	103
● Rubber Bandits	72
● Safety Education	20
● Shopping/Errands	25
● Silver Sneakers	427
● Site Council	20
● Social Outings	36
● Yoga	65