

L.C. Senior Center Stats, September - 2010

Meals: Served Meals – **2131**

Volunteer Hours: **340**

Activities: # of Participates

• Arts & Crafts	22
• Bingo	115
• Birthday Breakfast	23
• Canasta	36
• Cardio Blast	49
• Community Outreach	28
• Exercise Equipment	58
• Health Checks	32
• Holiday Festivities	
• Music Therapy	24
• Health & Nutrition Education	97
• Rubber Bandits	42
• Safety Education	28
• Shopping/Errands	27
• Silver Sneakers	430
• Site Council	24
• Social Outings	39
• Yoga	120

Total #'s - participating in Activities: 1194