

Lumpkin County Senior Center

APRIL 2015 Activities



Monday Tuesday Wednesday Thursday Friday

Lumpkin County Senior Center
266 Mechanicsville Road
Dahlonega, Ga 30533
706-864-2358
www.lumpkincounty.gov



 **REMINDER**

All items on the calendar in **BOLD print** are for participants in the Nutrition Program. If interested in finding out more information please see

Paula Walker,
Activities Coordinator

8:00 Fellowship & Coffee
9:00 Open Billiards 
9:00 AARP Tax-Aide 
9:30 Sittercise
10:00 Tai Chi for Health II
10:30 Open Art Studio
11:30 Lunch
Noon Bingo w/Gale B.
1:00 SEMBA
4:00 Tai Chi for Health I

 1

8:00 Fellowship & Coffee
9:00 Open Billiards
9:30 Balloon Volleyball
9:30 SilverSneakers(Cardio)
10:00 Walk in the Park
11:30 Lunch 
4:00 Yoga
7:00 Mainstream Square Dance Lessons

 2

8:00 Fellowship & Coffee
9:00 Open Billiards 
9:30 Stretch & Flex 
9:30 SilverSneakers
10:00 Easter Celebration
Vote for favorite Easter Egg Art
10:30 Open Art Studio
11:30 Lunch
Noon Bingo w/Theresa
7:00 Gold Country Squares


Good Friday 3

8:00 Fellowship & Coffee
9:00 Open Billiards 
9:00 Hand Reflexology with Heidi
9:45 Balloon Volleyball
9:30 SilverSneakers 
10:00 Movie Day
10:30 Open Art Studio
11:30 Lunch
Noon Movie Continued
1:00 Intermediate Bridge

Happy 85 years!! THE TWINKIE!!

 6

8:00 Fellowship & Coffee
9:00 Open Billiards 
9:30 Stretch & Flex
9:30 SilverSneakers 
11:30 Lunch
Noon Enrichment Time
1:00 Walmart Shopping 
4:00 Yoga 

WORLD HEALTH DAY

2015 Theme is Food Safety

7

8:00 Fellowship & Coffee
9:00 Open Billiards 
9:00 AARP Tax-Aide
9:30 Sittercise
10:00 Tai Chi for Health II
10:15 Diabetes Health Presentation w/Tracie from Chestatee Regional Hospital
10:30 Open Art Studio 
11:00 BP Checks
11:30 Lunch
Noon Bingo w/Gale
1:00 SEMBA
1:00 Party Bridge
4:00 Tai Chi for Health I 8

8:00 Fellowship & Coffee
9:00 Open Billiards 
9:30 Balloon Volleyball
9:30 SilverSneakers(Cardio)
10:00 Dollar Tree Shopping 
11:30 Lunch
4:00 Yoga
6:00 Golden Stitches Quilters
7:00 Mainstream Square Dance Lessons

 9

8:00 Fellowship & Coffee
9:00 Open Billiards 
9:30 SilverSneakers
9:30 Walk in the Park 
10:30 Open Art Studio
11:30 Lunch
Noon Bingo w/Theresa


 10

Lumpkin County Senior Center



April 2015 Activities

Monday	Tuesday	Wednesday	Thursday	Friday
<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards</p> <p>9:00 Hand Reflexology with Heidi</p> <p>9:30 Balloon Volleyball</p> <p>9:30 SilverSneakers</p> <p>10:30 Open Art Studio</p> <p>11:30 Lunch</p> <p>1:00 Intermediate Bridge</p> <p>CELEBRATE National Volunteer Week April 12th - 18th</p> <p style="text-align: right;">13</p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards</p> <p>9:15 Stretch & Flex</p> <p>9:30 SilverSneakers</p> <p>10:30 Sonja Martin with Disability Resource Center and Music</p> <p>11:30 Lunch</p> <p>Noon Enrichment Time</p> <p>1:00 Walmart Shopping</p> <p>1:00 Word Chasers Book Club</p> <p>4:00 Yoga</p> <p>7:00 Gold Diggers Garden Club</p> <p>HIKE REMINDER Brasstown Bald @ 10:00am</p> <p style="text-align: right;">14</p>	<p>8:00 Fellowship & Coffee</p> <p>8:30 Pancake Breakfast</p> <p>9:00 Open Billiards</p> <p>9:00 AARP Tax-Aide Last Day</p> <p>9:00 Hair Day</p> <p>9:45 Sittercise</p> <p>9:30 Pet Therapy</p> <p>10:00 Tai Chi for Health II</p> <p>10:30 Open Art Studio</p> <p>11:30 Lunch</p> <p>Noon Bingo w/Gale</p> <p>2:00 Line Dancing (4/15 - 4/29)</p> <p>4:00 Tai Chi for Health I</p> <p style="text-align: right;">15</p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards</p> <p>9:30 Balloon Volleyball</p> <p>9:45 Chick Fil A Bingo</p> <p>9:30 SilverSneakers(Cardio)</p> <p>11:30 Lunch</p> <p>Noon Beginners Knitting w/Erin S. (4/16 - 5/7)</p> <p>4:00 Yoga</p> <p>7:00 Mainstream Square Dance Lessons</p> <p style="text-align: right;">16</p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards</p> <p>9:30 Sittercise</p> <p>9:30 SilverSneakers</p> <p>10:15 Crafts w/Dawn</p> <p>Cardstock Flower Wreaths</p> <p>10:30 Open Art Studio</p> <p>11:30 Lunch</p> <p>Noon Bingo w/Chad & Sandra</p> <p>7:00 Gold Country Squares</p> <p style="text-align: right;">17</p>
<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards</p> <p>9:00 Hand Reflexology with Heidi</p> <p>9:30 Balloon Volleyball</p> <p>9:30 SilverSneakers</p> <p>10:30 Open Art Studio</p> <p>11:30 Lunch</p> <p>Noon Biggest Tomato Contest w/Farm Bureau Women's Club</p> <p>1:00 Intermediate Bridge</p> <p style="text-align: right;">20</p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards</p> <p>9:30 Sittercise</p> <p>9:30 SilverSneakers</p> <p>10:45 Black Hat Luncheon</p> <p>11:30 Lunch</p> <p>Noon Enrichment Time</p> <p>1:00 Walmart Shopping</p> <p>4:00 Yoga</p> <p style="text-align: right;">21</p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards</p> <p>9:15 Stretch & Flex</p> <p>10:00 Tai Chi for Health II</p> <p>6 Week Session Starts</p> <p>10:30 Open Art Studio</p> <p>11:30 Lunch</p> <p>Noon Bingo w/Gale</p> <p>1:00 Party Bridge</p> <p>2:00 Line Dancing (4/15 - 4/29)</p> <p>4:00 Tai Chi for Health I (4/22 - 5/27)</p> <p style="text-align: right;">22</p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards</p> <p>9:30 Balloon Volleyball</p> <p>9:30 Silver Sneakers(Cardio)</p> <p>11:30 Lunch</p> <p>Noon Beginners Knitting w/Erin S. (4/16 - 5/7)</p> <p>4:00 Yoga</p> <p>7:00 Mainstream Square Dance Lessons</p> <p style="text-align: right;">23</p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards</p> <p>9:30 Sittercise</p> <p>9:30 SilverSneakers</p> <p>10:30 Tugaloo Presentation</p> <p>Parkinson's Awareness</p> <p>11:30 Lunch</p> <p>Noon Bingo w/Theresa</p> <p style="text-align: right;">24</p>
<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards</p> <p>9:30 Balloon Volleyball</p> <p>9:30 SilverSneakers</p> <p>10:15 Movie, Bingo, Lunch at DFH</p> <p>10:30 Open Art Studio</p> <p>11:30 Lunch</p> <p>1:00 Intermediate Bridge</p> <p style="text-align: right;">27</p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards</p> <p>9:30 Balloon Volleyball</p> <p>9:30 SilverSneakers</p> <p>10:45 Red Hat Luncheon</p> <p>11:30 Lunch</p> <p>Noon Enrichment Time</p> <p>1:00 Walmart Shopping</p> <p>4:00 Yoga</p> <p style="text-align: right;">28</p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards</p> <p>9:15 Stretch & Flex</p> <p>9:45 Gold City Bingo</p> <p>10:00 Tai Chi for Health II (4/22 - 5/27)</p> <p>10:30 Open Art Studio</p> <p>11:30 Lunch</p> <p>Noon Bingo w/Gale</p> <p>2:00 Line Dancing (4/15 - 4/29)</p> <p>4:00 Tai Chi for Health I (4/22 - 5/27)</p> <p style="text-align: right;">29</p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards</p> <p>9:30 Balloon Volleyball</p> <p>9:30 Silver Sneakers(Cardio)</p> <p>10:30 Nutrition Presentation</p> <p>Food Safety</p> <p>11:30 Lunch</p> <p>Noon Beginners Knitting w/Erin S. (4/16 - 5/7)</p> <p>4:00 Yoga</p> <p>7:00 Mainstream Square Dance Lessons</p> <p style="text-align: right;">30</p>	<p style="text-align: center;">Please Note:</p> <p style="text-align: center;">Days and times</p> <p style="text-align: center;">of various activities</p> <p style="text-align: center;">are subject to change.</p>