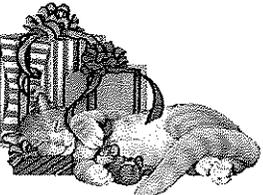


# Lumpkin County Senior Center



# December 2014 Activities

Monday	Tuesday	Wednesday	Thursday	Friday
8:00 Fellowship & Coffee 9:00 Open Billiards  9:45 Balloon Volleyball 10:00 Christmas Entertainment and lunch at DFH 9:30 SilverSneakers  10:30 Open Art Studio 11:30 Lunch 1:00 Intermediate Bridge 	8:00 Fellowship & Coffee 9:00 Open Billiards 8:45 Hand Reflexology with Heidi 9:30 Sittercise 9:30 SilverSneakers  11:30 Lunch Noon Walmart Shopping  4:00 Yoga  	8:00 Fellowship & Coffee 9:00 Open Billiards 9:30 Stretch & Flex 9:45 Chick Fil A Bingo 10:30 Open Art Studio  11:30 Lunch Noon Bingo w/Gale 1:00 SEMBA 1:00 Party Bridge 1:45 Line Dancing (12/3- 12/17) 	8:00 Fellowship & Coffee 9:00 Open Billiards 8:30 Nutcracker Ballet and Lunch @ Stevie B's Pizza  9:30 Balloon VolleyBall 9:30 SilverSneakers(Cardio) 11:30 Lunch  4:00 Yoga  	8:00 Fellowship & Coffee 9:00 Open Billiards 9:30 Sittercise 9:30 SilverSneakers  10:30 Open Art Studio 11:30 Lunch Noon Bingo w/Theresa 7:00 Gold Country Squares HIKE REMINDER Saturday, December 6th at 1:00pm to Brasstown Bald 
8:00 Fellowship & Coffee 9:00 Open Billiards 8:45 Hand Reflexology with Heidi  9:45 Balloon Volleyball 9:30 SilverSneakers  10:30 Open Art Studio 11:30 Lunch 1:00 Intermediate Bridge 	8:00 Fellowship & Coffee 9:00 Open Billiards 9:30 Sittercise  9:30 SilverSneakers 10:00 Thrift Store Shopping Community Helping Place 11:30 Lunch Noon Walmart Shopping  1:00 Word Chasers Book Club 4:00 Yoga 7:00 Gold Diggers Garden Club 	8:00 Fellowship & Coffee 9:00 Open Billiards  9:30 Stretch & Flex 10:00 CHP White Christmas Delivery 10:30 Open Art Studio 11:00 Blood Pressure Checks 11:30 Lunch Noon Bingo w/Gale 1:00 SEMBA 1:45 Line Dancing (12/3- 12/17) TRIVIA FOR THE DAY- Ancient Romans exchanged evergreen branches that were bent into wreaths to send good luck. 	8:00 Fellowship & Coffee 9:00 Open Billiards  9:45 Balloon Volleyball  9:30 SilverSneakers(Cardio) 10:00 Pet Therapy w/Zoey 10:15 Crafts w/Dawn 11:30 Lunch 4:00 Yoga 6:00 Golden Stitchers Quilters  	8:00 Fellowship & Coffee 9:00 Open Billiards 9:30 Sittercise  9:30 SilverSneakers 10:30 Open Art Studio 10:30 Tugaloo Presentation Talk about Prescriptions 11:30 Lunch Noon Bingo w/ Taco Bell Senior Holiday Art Show Parks and Rec Community Center Dates and Times: Friday 12th @ 11-6pm Saturday 13th @ 9-6pm Sunday 14th @ 11-4pm 

**Please Note:**  
Days and times of various activities are subject to change.



"The first fall of snow...is a magical event. You go to bed in one kind of world and wake up in another quite different."  
~ J.B. Priestley



Lumpkin County Senior Center  
266 Mechanicsville Road  
Dahlonega, GA 30533  
Phone: 706-864-2358

Monday	Tuesday	Wednesday	Thursday	Friday	
<p>8:00 Fellowship &amp; Coffee</p> <p>9:00 Open Billiards</p> <p>9:00 <b>Hand Reflexology with Heidy</b></p> <p>9:30 SilverSneakers</p> <p>9:45 <b>Balloon Volleyball</b></p> <p>10:30 Open Art Studio</p> <p>11:30 <b>Lunch</b></p> <p>Noon <b>Birthday Celebration</b></p> <p>1:00 Intermediate Bridge</p> <p>75th Anniversary of the Film Premiere of "Gone With the Wind" <b>15</b></p>	<p>8:00 Fellowship &amp; Coffee</p> <p>9:00 Open Billiards</p> <p>9:30 <b>Sittercise</b></p> <p>9:30 SilverSneakers</p> <p>10:30 <b>Nutrition Presentation</b></p> <p>11:30 <b>Lunch</b></p> <p>Noon <b>Walmart Shopping</b></p> <p>4:00 <b>Yoga</b></p> <p><b>16</b></p>	<p>8:00 Fellowship &amp; Coffee</p> <p>9:00 Open Billiards</p> <p>8:00 <b>Pancake Breakfast</b></p> <p>9:00 <b>Hair Day</b></p> <p>9:30 <b>Stretch &amp; Flex</b></p> <p>9:00 <b>Pet Therapy w/Winny</b></p> <p>10:30 Open Art Studio</p> <p>Noon <b>Bingo w/Gale</b></p> <p>1:00 SEMBA</p> <p>1:00 Party Bridge</p> <p>1:45 Line Dancing</p> <p><b>17</b></p>	<p>8:00 Fellowship &amp; Coffee</p> <p>9:00 Open Billiards</p> <p>9:15 <b>Balloon Volleyball</b></p> <p>9:30 SilverSneakers(Cardio)</p> <p>10:30 <b>Surprise Christmas Lunch</b></p> <p>4:00 <b>Yoga</b></p> <p><b>18</b></p>	<p>8:00 Fellowship &amp; Coffee</p> <p>9:00 Open Billiards</p> <p>9:30 <b>Sittercise</b></p> <p>9:30 SilverSneakers</p> <p>10:30 <b>Crafts w/Paula W.</b></p> <p>10:30 Open Art Studio</p> <p>11:30 <b>Lunch</b></p> <p>Noon <b>Bingo w/Theresa</b></p> <p>7:00 <b>Gold Country Squares</b></p> <p><b>19</b></p>	
<p>8:00 Fellowship &amp; Coffee</p> <p>9:00 Open Billiards</p> <p>9:00 <b>Hand Reflexology with Heidy</b></p> <p>9:30 SilverSneakers</p> <p>9:45 <b>Balloon Volleyball</b></p> <p>10:30 Open Art Studio</p> <p>11:30 <b>Lunch</b></p> <p>1:00 Intermediate Bridge</p> <p><b>22</b></p>	<p>8:00 Fellowship &amp; Coffee</p> <p>9:00 Open Billiards</p> <p>9:30 <b>Stretch &amp; Flex</b></p> <p>9:30 SilverSneakers</p> <p>11:30 <b>Lunch</b></p> <p>Noon <b>Christmas Caroling and Gift Exchange</b></p> <p>Noon <b>Walmart Shopping</b></p> <p>4:00 <b>Yoga</b></p> <p><b>23</b></p>	<p><b>CENTER CLOSED</b></p> <p><i>May Peace be your gift at Christmas and your blessing all year through!</i></p> <p><b>24</b></p>		<p><b>Merry Christmas</b></p> <p><b>25</b></p>	<p>8:00 Fellowship &amp; Coffee</p> <p>9:00 Open Billiards</p> <p>9:30 <b>Sittercise</b></p> <p>9:30 SilverSneakers</p> <p>11:30 <b>Lunch</b></p> <p>Noon <b>Bingo w/Chad and Sandra</b></p> <p><b>26</b></p>
<p>8:00 Fellowship &amp; Coffee</p> <p>9:00 Open Billiards</p> <p>9:30 SilverSneakers</p> <p>9:45 <b>Balloon Volleyball</b></p> <p>10:00 <b>Movie Day</b></p> <p>10:30 Open Art Studio</p> <p>11:30 <b>Lunch</b></p> <p><b>Movie Day Continued</b></p> <p>1:00 Intermediate Bridge</p> <p><b>29</b></p>	<p>8:00 Fellowship &amp; Coffee</p> <p>9:00 Open Billiards</p> <p>9:30 <b>Sittercise</b></p> <p>9:30 SilverSneakers</p> <p>11:30 <b>Lunch</b></p> <p>Noon <b>Walmart Shopping</b></p> <p>4:00 <b>Yoga</b></p> <p><b>30</b></p>	<p>8:00 Fellowship &amp; Coffee</p> <p>9:00 Open Billiards</p> <p>9:30 <b>Stretch &amp; Flex</b></p> <p>9:45 <b>Gold City Bingo</b></p> <p>10:00 Open Art Studio</p> <p>11:30 <b>Lunch</b></p> <p>Noon <b>Bingo w/Gale</b></p> <p>1:00 SEMBA</p> <p><b>*NEW YEARS EVE*</b></p> <p><b>31</b></p>	<p>HAPPY NEW YEAR 2015</p> <p><b>in Advance</b></p> <p><b>Tomorrow is the first blank page of a 365 page book. Write a good one. — Brad Paisley</b></p>		