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PRESS RELEASE

FOR IMMEDIATE RELEASE

LUMPKIN COUNTY

RECEIVES

ACCG – GROUP HEALTH BENEFITS PROGRAM HEALTH PROMOTION & WELLNESS GRANT

ATLANTA, GA (August 25, 2015) – Lumpkin County was recently awarded the ACCG – Group Health Benefits Program *Health Promotion & Wellness Grant* by ACCG, Georgia's County Association.

Lumpkin County is one of 40 members to receive the *Health Promotion & Wellness Grant* based on its commitment to employee health and demonstrated collaboration with other community groups and organizations engaged in health promotion.

"A successful wellness program is designed to encourage healthy lifestyles, which helps to control health care costs and contribute to a happier, more productive workforce", said Douglas County Commissioner and President of the ACCG – GHBP Board of Directors, Michael Mulcare. "Wellness programs greatly benefit employees, their families and the employer - everyone benefits."

The *Health Promotion & Wellness Grants* are awarded statewide to our members that are undertaking health and wellness initiatives to transform their living and working communities into healthier environments. The grants are to provide assistance in promoting worksite programs designed to enhance the health and wellness of county employees and family members.

As part of the grant process, the member designates a Health Promotion Leader to develop a workplace health promotion action plan and to attend the *High Impact Health Promotion & Wellness* training class offered by Local Government Risk Management Services (LGRMS). In addition, employees will be offered a confidential health assessment program using a Health Risk Appraisal, with blood pressure screening and health improvement feedback.

Wellness programs have a reliable track record of improving employee health and quality of life while reducing medical claims and improving workplace morale. ACCG offers wellness services to all members through LGRMS, a not-for-profit agency operated jointly with the Georgia Municipal Association.

The ACCG – Group Health Benefit Program is available to all ACCG members. Currently, 90 counties and authorities participate in the health plan, and all are eligible to apply for the *Health Promotion & Wellness Grants* on an annual basis. ACCG is pleased to support Georgia counties in this important endeavor.

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