

August, 2015



Monday, 8/3	Tuesday, 8/4	Wednesday, 8/5	Thursday, 8/6	Friday, 8/7
Beef/Pepper/Onions Whipped Potatoes Baby Glazed Carrots Oatmeal Cookie Milk/Margarine/Roll Diet - Shortbread	Grilled Chicken Tater Gems Green Beans/Fruit Lettuce/Tomato/Onion Bun/Mayo/Choc Milk Diet Same	Sausage/Onion/Pepper Ranch Beans Cabbage/Bun Raspberry Gelatin Milk/Mustard/Catsup Diet - Gelatin	Beef Spaghetti Casserole Green Peas Squash/Zucchini Salad/Bread/Fruit Milk/Margarine/Ranch Diet Same	Tuna Mac Salad Cole Slaw Diced Peaches Choc Chip Cookie Milk/Crackers Diet - Choc Crm Cookie

Monday, 8/10	Tuesday, 8/11	Wednesday, 8/12	Thursday, 8/13	Friday, 8/14
Beef Frito Pie Fiesta Rice/Beans Fruit/Corn Chips Milk/Margarine Diet Same	Savory Chicken Corn/Rutabags/Roll Choc Chip Cookie Milk/Margarine Diet - Choc Crm Cookie	Chicken Supreme Peas/Greens/Vinegar Fluffy Fruit Salad/Roll Milk/Margarine Diet - Mixed Fruit	Hamburger Patty Tater Gems/Ranch Beans Fruit Choc Milk/Cats/Must Diet Same	Fajita Chicken Mexican Rice/Pinto Beans Fruit/Lettuce/Tomato Milk/Taco Sauce/Tortilla Diet - Choc Crm Cookie

Monday, 8/17	Tuesday, 8/18	Wednesday, 8/19	Thursday, 8/20	Friday, 8/21
Sausage Patty (2) Hashbrown Casserole Hot Spiced Apples Orange Juice/Biscuit Milk/Margarine/Jelly Diet Same	Meatloaf/Gravy Whipped Potatoes Beets/Fruit/Bread Lemon Cake Milk/Margarine Diet - Pound Cake	BBQ Pork Baked Pinto Beans Cole Slaw/Bun Peach Cobbler Chocolate Milk Diet - Peaches	Macaroni & Cheese Blackeye Peas/Cornbread Turnip Greens/Vinegar Orange Gelatin Milk/Margarine Diet - Gelatin	California Chicken Salad Pasta Salad Three Bean Salad Fruit/Crackers Milk Diet Same

Monday, 8/24	Tuesday, 8/25	Wednesday, 8/26	Thursday, 8/27	Friday, 8/28
Mozzarella Chicken Corn O'Brien Green Beans/Texas Toast Milk/Margarine Diet Same	Meatloaf/Gravy Buttered Rice/Bread Brussels Sprouts/Gelatin Milk/Margarine Diet - Gelatin	Breaded Fish Cheese Grits/Bread Pineapple Slaw/Cobbler Milk/Tartar Sauce Diet - Sliced Apples	Oven Fried Chicken Masked Spiced Yams Mixed Greens/Vinegar Milk/Margarine/Cornbrea Diet Same	Hamburger Patty Tater Gems/Cats/Must BBQ Baked Beans Bun/Fruit/Choc Milk Diet Same

Monday, 8/31
Beef/Pepper/Onions Whipped Potato/Carrots Oatmeal Cookie Milk/Margarine/Roll Diet - Shortbread



Lumpkin County Senior Center
 266 Mechanicsville Rd (706)864-2358