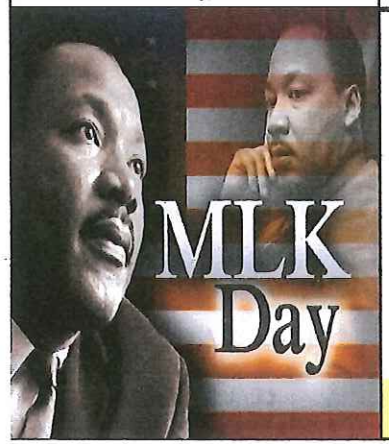
Lumpkin County Senior Center
266 Mechanicsville Road
Dahlonega, GA 30533

Friday, 1/1

Monday, 1/4	Tuesday, 1/5	Wednesday, 1/6	Thursday, 1/7	Friday, 1/8
☐ **Chopped Steak w Gravy**	☐ **Chicken Pot Pie**	☐ **Sausage/Onion/Pepper**	☐ **Chicken Strips w Gravy**	☐ **Beef Chili**
Country Potatoes	Italian Green Beans	Mixed Beans	Scalloped Potatoes	Baked Potato w/Sour Crm
Peas & Carrots	Squash & Zucchini	Cabbage/Bun	Spinach/Cornbread	Tossed Salad/Ranch Dr
Oatmeal Cookie/Roll	Orange Gelatin/Bread	Fluffy Fruit Salad	Fresh Fruit	Crackers/Apple Cobbler
Milk/Margarine	Milk/Margarine	Choc Milk/Mustard	Milk/Margarine	Milk/Margarine
Diet - Shortbread Cookie	**Diet - Gelatin**	**Diet - Mixed Fruit**	**Diet Same**	**Diet - Apple Slices**
☐ **Smothered Chicken**		☐ **Sloppy Joe Meatball**	☐ **Beef Fingers w Gravy**	

Monday, 1/11	Tuesday, 1/12	Wednesday, 1/13	Thursday, 1/14	Friday, 1/15
☐ **Meatballs w/Mushrm Gr**	☐ **BBQ Chicken Thigh**	☐ **Beef & Bow Tie Cassero**	☐ **Taco Chicken**	☐ **Sausage Patty (2)**
Penne Noodles	Peas/Cornbread	Country Corn	Mexican Rice/Taco Sauce	Cheese Grits
Mixed Vegetables/Roll	Collard Greens/Vinegar	Parslied Carrots/Bread	Pinto Beans/Sour Cream	Hot Sliced Apples
Fudge Creme Cookie	Fruit	Strawberry Gelatin	Lettuce/Tomato/Tortilla	Juice/Biscuit
Milk/Margarine	Milk/Margarine	Milk/Margarine	Marble Cake/Choco Milk	Milk/Margarine/Jelly
Diet - Choc Crm Cookie	**Diet Same**	**Diet - Gelatin**	**Diet - Pound Cake**	**Diet Same**
☐ **Italian Style Pork**	☐ **Beef w/Mushroom Grv**		☐ **Beef Taco Meat**	☐ **Breaded Chicken Patty**

Monday, 1/18	Tuesday, 1/19	Wednesday, 1/20	Thursday, 1/21	Friday, 1/22
	□ **Spaghetti Casserole**	□ **Chicken Supreme**	□ **Hamburger Patty**	□ **Macaroni & Cheese**
	Country Corn	Green Peas/Rutabagas	Potato Wedges/Beans	Blackeye Peas/Cornbread
	Tossed Salad/Italian Dr	Whole Grain Roll	Lettuce/Tomato/Onion	Turnip Greens/Vinegar
	Hot Apples/Bread	Lemon Cake	Bun/Fruit/Mustard	Raspberry Gelatin
	Milk/Margarine	Milk/Margarine	Choc Milk/Catsup	Milk/Margarine
	Diet - Same	**Diet - Pound Cake**	**Diet - Same**	**Diet - Gelatin**
			□ **BBQ Chicken Patty**	

Monday, 1/25	Tuesday, 1/26	Wednesday, 1/27	Thursday, 1/28	Friday, 1/29
□ **Chicken & Dumplings**	□ **Vegetable Beef Soup**	□ **BBQ Pork**	□ **Beef Frito Pie**	□ **Oven Fried Chicken**
Green Beans	Buttered Rice	Baked Pinto Beans	Fiesta Rice	Lima Beans
Baby Glazed Carrots	Salad/Cornbread	Coleslaw	Country Corn	Okra & Tomatoes
Roll/Fruit	Hot Spiced Apples	Bun/Peach Cobbler	Devil's Food Cake	Sugar Cookie/Roll
Milk/Margarine	Milk/Margarine	Choc Milk	Corn Chips/Juice/Milk	Milk/Margarine
Diet - Same	**Diet - Same**	**Diet - Peaches**	**Diet - Pound Cake**	**Diet - Shortbread Cookie**
	□ **Grilled Pork w/Gravy**	□ **Grilled Chicken/Mustar**		□ **Western Beef Patty**