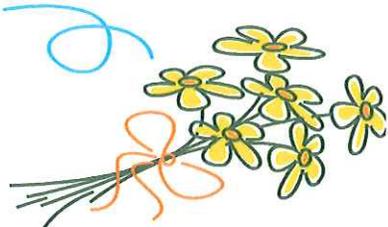


Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center">50th Annual Older American Month</p> <p>This month is promoted by the Administration for Community Living (www.acl.gov) and has been promoted since 1965.</p> <p>The focus is on how older adults are taking charge of their health, getting engaged in their communities, and making a positive impact in the lives of others.</p> <p>The 2015 theme is: GET INTO THE ACT. <small>OLDER AMERICANS MONTH MAY 2015</small></p>		 <p><i>We shall never know all the good that a simple smile can do. Mother Teresa</i></p>	 <p>REMINDER</p> <p>All items on the calendar in BOLD print are for participants in the Nutrition Program. If interested in finding out more information please see</p> <p>Paula Walker, Activities Coordinator</p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards </p> <p>9:30 Sittercise</p> <p>9:30 SilverSneakers </p> <p>10:30 Walk in the Park</p> <p>10:30 Open Art Studio</p> <p>11:30 Lunch</p> <p>Noon Bingo w/Theresa R.</p> <p align="center">  </p> <p align="center">**HIKE REMINDER** Saturday, May 2nd @ 9:30am Yahoola Creek Reservoir Trail</p>
<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards </p> <p>9:00 Hand Reflexology with Heidi</p> <p>9:00 Art Class *1 day only!* Acrylic Painting w/Wanda Smith (3hrs.)</p> <p>9:30 SilverSneakers</p> <p>9:45 Balloon Volleyball</p> <p>10:30 Open Art Studio</p> <p>11:30 Lunch</p> <p>1:00 Intermediate Bridge</p> <p align="center">  </p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards </p> <p>9:30 Stretch & Flex </p> <p>9:30 SilverSneakers</p> <p>9:45 Dollar Tree Shopping</p> <p>11:30 Lunch</p> <p>Noon Enrichment Time</p> <p>1:00 Walmart Shopping </p> <p>4:00 Yoga </p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards </p> <p>9:30 Sittercise</p> <p>10:00 Tai Chi for Health (5/6 -5/27)</p> <p>10:30 Open Art Studio</p> <p>11:00 Blood Pressure </p> <p>11:30 Lunch</p> <p>Noon Bingo w/Gale </p> <p>1:00 Party Bridge</p> <p>1:00 SEMBA </p> <p>1:45 Line Dancing (5/6 -5/27)</p> <p>4:00 Tai Chi for Health (5/6 -5/27)</p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards </p> <p>9:30 SilverSneakers(Cardio)</p> <p>9:45 Balloon Volleyball</p> <p>10:30 Walk in the Park</p> <p>11:30 Lunch</p> <p>Noon Beginners Knitting w/Erin S. </p> <p>Noon Bowling</p> <p>4:00 Yoga </p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards </p> <p>9:30 SilverSneakers </p> <p>9:30 Stretch & Flex</p> <p>10:00 Mother's Day Celebration Music w/Judy Linn</p> <p>11:30 Lunch</p> <p>Noon Bingo w/Chad & Sandra</p> <p align="center">  </p> <p align="center">Sunday May 10th</p>

Lumpkin County Senior Center
 266 Mechanicsville Road
 Dahlonega, Ga 30533
 706-864-2358
www.lumpkincounty.gov



Please Note:
Days and times of various activities are subject to change.



Lumpkin County Government
 Like us on Facebook and help us spread the word!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards </p> <p>9:00 Hand Reflexology with Heidi</p> <p>9:45 Balloon Volleyball </p> <p>9:30 SilverSneakers </p> <p>10:00 Site Council Meeting</p> <p>10:30 Open Art Studio</p> <p>11:30 Lunch </p> <p>1:00 Intermediate Bridge </p> <p style="text-align: right;">11</p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards </p> <p>9:30 Sittercise</p> <p>9:30 SilverSneakers </p> <p>11:30 Lunch</p> <p>Noon Enrichment Time</p> <p>1:00 Walmart Shopping </p> <p>1:00 Word Chasers</p> <p>Book Club </p> <p>4:00 Yoga</p> <p>7:00 Gold Diggers Garden Club </p> <p style="text-align: right;">12</p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards </p> <p>9:45 Stretch & Flex</p> <p>10:15 Crafts w/Dawn Bird Houses</p> <p>10:00 Tai Chi for Health (5/6 -5/27)</p> <p>10:30 Open Art Studio</p> <p>11:30 Lunch</p> <p>Noon Bingo w/Gale</p> <p>1:00 SEMBA</p> <p>1:45 Line Dancing (5/6 - 5/27)</p> <p>4:00 Tai Chi for Health (5/6 -5/27)</p> <p style="text-align: right;">13</p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards </p> <p>9:30 Balloon Volleyball</p> <p>10:15 Red Hat Luncheon</p> <p>9:30 SilverSneakers(Cardio) </p> <p>11:30 Lunch</p> <p>4:00 Yoga</p> <p>6:00 Golden Stitches Quilters </p> <p style="text-align: right;">14</p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards </p> <p>9:30 Sittercise</p> <p>9:30 SilverSneakers </p> <p>10:30 Science For Seniors Making Cloud Dough</p> <p>10:30 Open Art Studio </p> <p>11:30 Lunch</p> <p>Noon Bingo w/Theresa R.</p> <p>7:00 Gold Country Squares </p> <p style="text-align: right;">15</p>
<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards </p> <p>9:00 Hand Reflexology with Heidi</p> <p>9:45 Balloon Volleyball </p> <p>9:30 SilverSneakers </p> <p>10:30 Walk in Park</p> <p>10:30 Open Art Studio</p> <p>11:30 Lunch</p> <p>1:00 Intermediate Bridge </p> <p style="text-align: right;">18</p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards </p> <p>9:30 Sittercise</p> <p>9:30 SilverSneakers </p> <p>10:15 Black Hat Luncheon</p> <p>11:30 Lunch</p> <p>Noon Enrichment Time</p> <p>1:00 Walmart Shopping </p> <p>4:00 Yoga </p> <p style="text-align: right;">19</p>	<p>8:00 Fellowship & Coffee</p> <p>8:30 Pancake Breakfast </p> <p>9:00 Open Billiards</p> <p>9:00 Hair Day </p> <p>9:30 Pet Therapy </p> <p>9:45 Stretch & Flex</p> <p>10:00 Tai Chi for Health (5/6 -5/27) </p> <p>10:30 Open Art Studio</p> <p>11:30 Lunch</p> <p>Noon Bingo w/Gale</p> <p>1:00 Party Bridge</p> <p>1:45 Line Dancing (5/6 - 5/27) </p> <p>4:00 Tai Chi for Health (5/6 - 5/27)</p> <p style="text-align: right;">20</p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards </p> <p>9:30 Balloon Volleyball</p> <p>9:30 Silver Sneakers(Cardio) </p> <p>9:45 Chick Fil A Bingo</p> <p>11:30 Lunch</p> <p>Noon Beginners Knitting w/ Erin S. </p> <p>4:00 Yoga </p> <p style="text-align: right;">21</p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards </p> <p>9:30 Sittercise</p> <p>9:30 SilverSneakers </p> <p>10:30 Tugaloo Presentation Parkinson's Awareness</p> <p>10:30 Open Art Studio</p> <p>11:30 Lunch</p> <p>Noon Bingo w/Sheriff Jarrard</p> <p style="text-align: center;"> ^^HIKE REMINDER^^ Saturday, May 23rd @ 10:30am Brasstown Bald</p> <p style="text-align: right;">22</p>
<p style="text-align: center;"><i>Center CLOSED for Memorial Day</i></p> <p style="text-align: center;"></p> <p style="text-align: right;">25</p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards </p> <p>9:30 Balloon Volleyball</p> <p>9:30 SilverSneakers </p> <p>11:30 Lunch</p> <p>Noon Enrichment Time</p> <p>1:00 Walmart Shopping </p> <p>4:00 Yoga</p> <p style="text-align: center;"></p> <p style="text-align: right;">26</p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards </p> <p>9:15 Stretch & Flex</p> <p>9:45 Gold City Bingo</p> <p>10:00 Tai Chi for Health (5/6 -5/27)</p> <p>10:00 Leathercraft Workshop w/Tom Slavicek \$35 (6hrs)</p> <p>10:30 Open Art Studio</p> <p>11:30 Lunch</p> <p>Noon Bingo w/Gale</p> <p>1:00 SEMBA</p> <p>1:45 Line Dancing</p> <p>4:00 Tai Chi for Health (5/6 - 5/27) </p> <p style="text-align: right;">27</p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards </p> <p>9:45 Balloon Volleyball </p> <p>9:30 Silver Sneakers(Cardio)</p> <p>10:30 Thrift Store Shopping</p> <p>11:30 Lunch</p> <p>Noon Birthday Celebration</p> <p>1:00 Bowling</p> <p>4:00 Yoga</p> <p style="text-align: center;"></p> <p style="text-align: right;">28</p>	<p>8:00 Fellowship & Coffee</p> <p>9:00 Open Billiards </p> <p>9:30 Sittercise</p> <p>9:30 SilverSneakers </p> <p>10:30 Nutrition Presentation</p> <p>10:30 Open Art Studio</p> <p>11:30 Lunch</p> <p>Noon Bingo w/Theresa R. </p> <p style="text-align: center;"></p> <p style="text-align: right;">29</p>